



DIARY DATES

NOVEMBER 2021

Fortnightly Feature

Farewell Year 12's 2021

Our great Class of 2021 left us Friday 22nd October. We had a wonderful breakfast and assembly and it was a great finale to 13 years of schooling. We'll see some of them over the next couple of weeks as they sit final exams, and then properly farewell them and their families at Our Presentation Night later in the year. We will miss you and wish you every success for the future

- 3rd - YP Showcase Concert**
- 15th - High Ropes Course (Yr10 Outdoor Ed)**
- 18th - Primary Performance 'Pirates of The Curry Bean'**
- 25th - Presentation Night**
- 26th - Student Free Day**



FROM THE PRINCIPAL'S DESK



A MESSAGE FROM ALI

As is our tradition at MDS, we farewelled the Class of 2021 on their final 'formal' day of schooling with a breakfast prepared by the staff, followed by a whole school assembly at which we provided glimpses of their school years and asked them all to speak about their future plans and memorable school moments. It was a special occasion and a wonderful opportunity to wish our Year 12 students well as they embarked on final exams and future pursuits.

Preparations for 2022 continue to form a large part of our work for this term. In staffing news I am delighted to announce that Kate Sheppard has won a position at Adelaide Botanic High School beginning in 2022. While we will be sad to say farewell to Kate, this is an exciting opportunity for her and we wish her well in her future career. I am also very pleased to announce a new appointment to MDS for 2022. Mr Stephen Talbot will be joining our leadership team as our Middle School Coordinator. Stephen is currently teaching at Yorketown Area School and brings a range of skills and experiences which will add value to our team.

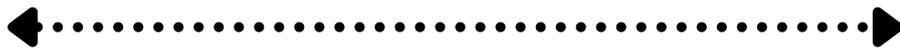
On Monday of this week, restrictions around mask wearing for staff and students were lifted in schools, and it is now optional for staff and students to wear masks. Visitors to schools, including parents and volunteers, are still required to wear masks in buildings and continue to maintain 1.5m distancing; we thank our parents and visitors for adhering to this requirement when coming into the school.



'Being a teacher is not what I do, it's who I am'



FROM THE PRINCIPAL'S DESK



A MESSAGE FROM ALI



The weeks are flying by, and there is much to look forward to in the calendar. This year we will hold our Presentation Night in the school gym on Thursday November 25th. We are very conscious that the opening of our state borders around this time may have an impact on our capacity to host this event. We are being particularly cautious in our preparations and attendance will be by invitation only to minimise numbers. The presentations will be filmed to allow our whole school community to view the evening and we will be ready to create a digital presentation event as we did last year, in case we need to cancel at short notice.

In the Primary report this week, you will read details about the performance that all primary students are busily rehearsing for, The Pirates of the Curry Bean. This performance will be held in the school gym on the evening of Thursday November 18th. More information will be available in the coming weeks.

Students will be looking forward to the annual Colour Fun Run which will be held during the final week of term. While the aim of the Fun Run is to have fun, we also encourage students to seek sponsorship for their participation with all monies raised being used to upgrade our canteen facilities. Please note the information within the newsletter regarding dates and prize orders.

At our most recent Governing Council meeting on Tuesday October 26th the following decisions were made:

MDS will have a Student Free Day on Friday November 26th to allow staff to review our year and finalise preparations for 2022.

The Materials and Services Charges were ratified for 2022 @ \$256 for Primary students (R – 6) and \$334 for Secondary students (7 – 12).

The Minlaton District School External Review Report was tabled. The full report now sits on our school website and we invite you to have a look and provide feedback about our Directions moving forward.

The Digital Device Procurement Program in conjunction with Learning With Technologies was ratified. Again, extensive information about the BYOD and Digital Learning Policy appears on the school website, and any parents who are looking to purchase a device for their child/ren are encouraged to use the purchasing portal. We urge parents to attend to this as soon as possible to ensure devices are available for the start of the new school year.

Ali

Pastoral and School Care Worker News - Di Nankivell



On Tuesday, the Primary students were lucky to have Rob & Gayle George from OAC Ministries visit our school to do a presentation called 'Friends to the End.' They spoke about the Golden Rule... 'Treat others the way you want to be treated,' and how forgiveness is the key component of any relationship. They looked at characteristics of friends - fun, reliable, empathetic, nice and dependable and that to build lasting friendships, you have to be a good friend to others.

Isobel and Darcy thanked Rob & Gayle and presented them with chocolates and a donation from the Minlaton Inter-church Association.



This Friday, 29th October, is World Teachers Day. We are so lucky at Minlaton District School to have such a wonderful group of dedicated, enthusiastic and caring teachers, who strive daily to provide the best possible education and outcomes for all of our students. Our teachers consistently go above and beyond to ensure a safe, nurturing and inclusive environment which provides a solid foundation for future success. The Minlaton Inter-church Association will be providing lunch for our amazing staff this Friday as a way to say thankyou for everthing that they do!

Make sure if you see them around say THANKYOU - a small word with a big impact!!

Hope you all have a great week! Di

SYP Junior Band Day

On Thursday 21/10/2021, Instrumental Music Students from Minlaton District School and Yorketown Area School came together at Minlaton for a combined SYP Band Day.

The group comprised 18 students and three adult members. All students had been learning the music in their lessons but many of them had never played in an ensemble before. Inexperienced players were paired with more experienced players who mentored them, helping them with new notes, finger patterns and reading the music score. Students ranged from Year 5 to Year 11.

At the end of the 90 minute session, the band played a creditable performance of Brian West's 'The Spook' and Ed Wilson's 'Emu Strut'. Students and adults enjoyed the afternoon and look forward to another practice towards the end of term.

We are also excited to see the Combined Schools Concert Band when they perform for our school on Wednesday 17/11/2021 at 9:30 in the gym. Year 11 student, Georgia Stanley will feature with a jazz solo spot on alto saxophone in the concert.

Carol Wilkin
Instrumental Music Teacher



We are having a Subway Day on November 17th when the canteen is closed.

We will hand out the envelopes by Friday 29th October . Orders will need to be returned to the Finance Office by Thursday 4th November

You simply place your money in the envelope with your order and the Subway team will deliver everything on the day!

By placing an order you will be raising \$2 for our school, we will be using this towards our canteen upgrade.

More information to come out with the Subway Envelopes.

Middle School News



Goal setting was completed in the Middle School at the start of the term. The goals provide students with an opportunity to regularly reflect on their learning and identify challenges for the term to strive towards. The goal setting is based on the 'Thriving Learner' concepts that have been implemented at MDS this year. Some examples of student goals for this term are shown below:

Student 1

In order to achieve the following goal:

My goal focuses on building personal capacity. It is to keep on top of Science and Maths homework because we often have a lot to do.

I will do the following actions each day/week:

- Write down a list of homework at the start of the week that I want to get started on.
- Write on my calendar when things are due, so I know when they have to be done by.
- Do at least a half an hour of homework each night that focuses on Maths and Science.

Student 2

In order to achieve the following goal:

My goal is based on close connections. It is that I want to share more of my information to the class and put more input in.

I will do the following actions each day/week:

- Willingly put my hand up to answer questions.
- Become confident on what I am saying.
- Share my work when we have a chance too.

Student 3

In order to achieve the following goal:

My goal is about deep understanding and mastery, and to work on trying to understand tasks and information given to me in HASS, because I don't do as well as I could at HASS.

I will do the following actions each day/week:

- Take notes if I feel I need to.
- Revise by looking at whatever is shown to me.
- Do homework if I start falling behind at any moment in time.

Student 4

In order to achieve the following goal:

My goal is focusing on building personal capacity, by getting work done in class, so I do not have homework when I get home.

I will do the following actions each day/week:

- Write the work in my diary.
- Be focused when doing the work.
- Get feedback about the work.
- Listen to what the teacher is saying to understand the work.



Minlaton District School
By Doing Not Words!

(08) 853 2346
<http://www.minlatonsd.sa.edu.au/>

A GUIDE TO BEING A

'THRIVING LEARNER'

MAXIMISING YOUR OPPORTUNITIES STARTS HERE!



ZEST FOR LIFELONG LEARNING

LIFE STOPS WHEN LEARNING STOPS...

- I am curious and passionate about developing new knowledge and skills
- I can be a creative problem solver as well as a critical thinker
- I can be observant and perceptive about the world around me
- I understand how metacognition and executive functioning enhance learning

DEEP UNDERSTANDING AND MASTERY

ENJOY BECOMING PRO...

- I want to learn all I can as well as I can
- I can set goals for myself and enact strategies to achieve them
- I seek out feedback and act on it to improve
- I can ask considered questions to find the information I need





TRANSFER OF LEARNING

TAKING OUR NEW LEARNING TO THE WORLD...

- I can apply my learning at school and beyond school
- I can apply my learning to the real world, now and in the future
- I see myself as a being able to have a positive impact on the world around me
- I understand that I will face challenges in my life

BUILDING PERSONAL CAPACITY

WORKING TOWARDS OUR BEST SELF...

- I respect myself and believe I can learn effectively if I apply focus and effort
- I can be a proactive learner; applying my strengths and developing my weaknesses
- I demonstrate initiative and persevere when faced with challenges; applying various strategies until the problem solved
- I reflect on my output and performances in order to improve





CLOSE CONNECTIONS

WE RELY ON OTHERS, OTHERS RELY ON US...

- I can build strong, positive relationships with my peers
- I can build appropriate, effective relationships with teachers and other adults in my family and community
- I can communicate effectively with a range of people in a variety of ways
- I can be a positive influence on those around me

IDENTITY AND BELONGING

WE ARE ALL IN THIS TOGETHER...

- I understand where I am from and where my future may lie
- I understand I am part of global and local communities and what I do matters to others
- I am active in my communities through sports, arts, service and citizenship
- I can see the 'big picture' and my role in our world



Middle School camp forms were sent home in Week 1. We had excellent initial interest in the camp, so the forms and payment will now confirm student involvement. Please return the forms to Zoe in the finance office with payment by Friday 19th November. Payment plans can also be arranged with Zoe in the finance office.

Please get in contact with us if you have any questions/concerns/issues with anything throughout the year.

Our email addresses are

Josh.Coombe430@schools.sa.edu.au and Craig.Fitzgerald239@schools.sa.edu.au

Josh Coombe and Craig Fitzgerald
Middle School Coordinators



Primary School News

Reading Challenge

In the last newsletter there was an article about the Reading Challenge. It said, "Our aim is to encourage reading fluency."

Reading fluently includes decoding words easily, reading with expression and at a good pace.

Each child who accepts the challenge will need to practice a passage of text and then read aloud to a staff member for 2 minutes. They will then need to do this for a total of four times to receive an award in recognition of Fluent Reading!"

Many children have taken up the challenge to practice, develop and demonstrate their reading fluency. Many staff members at the school have heard children read fluently and marked off their cards. A couple of students have already accepted their awards. Parents can support children by helping them practice their reading. A list of children who have successfully completed the challenge will appear in the next newsletter.

Musical

The musical, 'Pirates of the Curry Bean' will be performed on Thursday, the 18th of November beginning at 7pm in the school gym. Due to continued COVID restrictions numbers will be limited for the performance. At this stage, 2 people per primary student will be able to attend the performance.

All students have had notes regarding costumes. We are keeping the costumes relatively simple. If any parent is struggling to find parts of a costume, please contact your child's class teacher.

Kindy Transition

Yesterday we enjoyed the company of the Kindy children at school as they began their transition. Kelly Coe welcomed them into the classroom then took the children for a tour around the school. They particularly enjoyed story time and the Nature Play area before heading back to Kindy after recess. Next week they will stay until lunch time. The parents had their own tour of the school followed by a brief information sessions followed by a question and answer time.

Barb Agnew

Primary Coordinator



Year 2 Excursion

This term the Year 2 class is learning about a topic called 'From Farm to Plate'. They will be exploring the processes involved in growing animals and plants for food and clothing.

On Friday 22nd October, three local farming families were very kind in allowing the Year 2 class to visit their farms. The students asked dozens of questions and were given a great insight as to how a farm is run. They observed a sheep being shorn, a grain mill; turning grain into flour, pasta making from the freshly milled flour, explored the machinery and tools used in the production of food crops and examined several paddocks where they were able to inspect different crops and feed a variety of animals.

Lincon: "I liked eating the fresh bread made from the flour".

Dacie: "I liked seeing the horses."

Tida: "I loved making noodles at Louis' farm."

Bridget: "I liked feeding the horses."

Rubi: "I loved feeding the sheep and patting their soft fleece"



Senior School News

Friday the 22nd of October marked the end of 13 years of schooling for our Year 12 cohort. For some this would have been a sad day, for others a happy one; regardless, it is the end of one chapter of their lives and the start of a very exciting new one. We celebrated with them at 8am last Friday morning with a BBQ breakfast prepared for them by the staff. Thanks a bunch to all staff (and students) involved in the preparation of the breakfast! We wish them all the best of luck for their upcoming exams and for whatever adventures the world holds for them after they leave us.

Year 12 students are reminded that they need to wear school uniform to exams, they must sign in and out at the front office whenever they attend school over the next couple of weeks, they must have their Exam Attendance slip with them to enter the exam room and that they should ensure they give themselves plenty of time to arrive and prepare before each of their exams.

Some dates for Year 10 & 11 students to be aware of for the remainder of the term:

12th November: Last day to finalise and submit Work Experience forms

23rd November: Final day to submit Year 10 & 11 work

24th & 25th November: Senior School Transition (details TBC)

30th November- 11th December: Work Experience (details below)

It is a timely reminder for Year 10 & 11 students and parents that the successful completion of subjects currently being studied provides a solid foundation for future learning. Therefore, should a student not satisfactorily complete their course requirements in any senior subject, they will be ineligible for work experience and must attend school where they will be provided with the opportunity to successfully complete these subjects in order to move up to the next year level. Should a student be unsuccessful when provided this opportunity, then their promotion to the next year level will be closely reviewed.

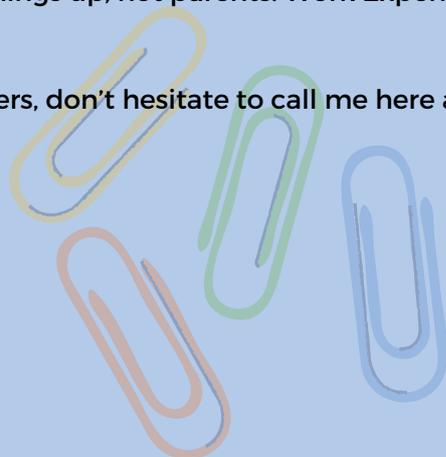
Term 4 Work Experience

End of year work experience for Year 10 and 11 students will be in the last 2 weeks of the year: 29th November to 3rd December and 6th December to 10th December. All Year 10 and 11 students must complete at least one week of work placement during this period, however due to the missed opportunity mid-year all are welcome to complete 2 weeks. Year 9 students who are over the age of 15 may also wish to undertake work experience in the second week. All relevant forms must be completed and returned to me no later than Friday 12th November.

Whilst this may still seem a fair way off at the moment, it would really pay to get in early and find yourself a placement (either locally or further afield) in an area of interest. Leaving it until the last minute often means students are left with few viable choices. It is also important to note that this is really meant to be a student driven process; students should be making phone calls and following things up, not parents. Work Experience forms are available upon request.

Once again if you have any questions about Senior School related matters, don't hesitate to call me here at school or send an email to: glen.white872@schools.sa.edu.au

Glen White
Senior School Coordinator



Year 10 Outdoor Education Adventure Trip

The Year 10 Outdoor Education class were involved in a 4-day adventure camp from Tuesday 19th October-Friday 22nd October. The trip involved two days of kayaking and two days of walking from Corny Point to Point Turton. On the first day, the group learnt the basic kayaking skills under the guidance of the Port Vincent Aquatics Centre staff. We travelled on the water from Corny Point boat ramp to the Corny Point lighthouse in great conditions. Day two was a different story though with strong winds causing the kayaking to be cancelled. Instead, the group walked along the beach to Burners Beach to camp the night. The third day we were back on the water and kayaking towards Point Turton. There were some challenging obstacles throughout the day as students tested out their skills by navigating their way around rocks. After paddling halfway to Point Turton, the group turned around and paddled back to Burners Beach to stay the night again. On the final day, the group loaded up their rucksacks and followed the Walk the Yorke trail to Point Turton.

The camp provided an opportunity for students to develop their appreciation of the outdoors and enhance their enjoyment of the natural environment. Other goals included improving teamwork, understanding and application of safety considerations, organisation and self-reliance. The adventure camp required students to be 'independent, self-contained and self-reliant', in that each student carried their own equipment, and were responsible for their own food, cooking and shelter. Students also worked in small groups developing skills and understanding, leadership, problem solving, navigation, preparation and planning, and environmental empathy. The excursion involved elements that were physically and mentally challenging to each individual but also allowed them to enjoy the beauty of the great outdoors. Thanks to Greg and Zoe who also helped with supervision on the camp. The camp was supported by RIF funding.

Student comments:

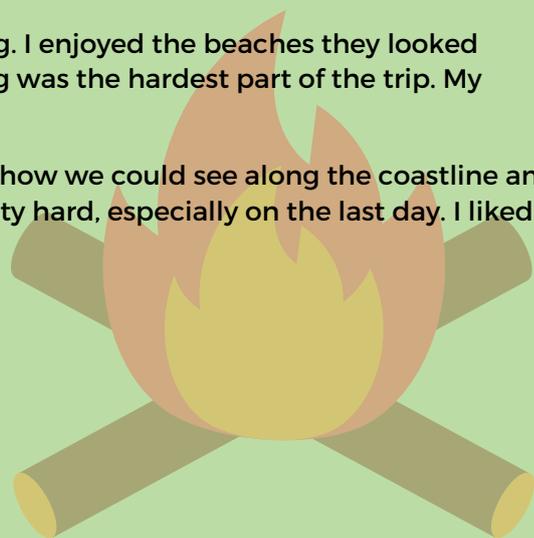
Kayne Dunstone - This trip was fun because we learnt how to work together and we got to see lot of cool animals like seals on the rocks. The one thing I didn't really like was the walk from Corny Point to Burners Beach, which was hard and long.

McCoy Harper-Zerna - This trip was excellent. I had heaps of fun with my mates and it taught me a lot about water safety. Overall, this trip was very educational and I 100% recommend it to people going into year 10 next year. Special thanks to Fitzy for being a legend throughout the whole trip.

Max Brown - The Outdoor Ed trip was awesome especially kayaking through the rocks. The first day was cranking as there was only small ankle breaker waves, it made it easier to kayak but as the week progressed the wind got stronger then bailed out to become calm. It was funny when McCoy capsized whilst looking in the water for a shell.

Luke Horn - The trip was good. We did a lot of kayaking and walking. I enjoyed the beaches they looked pretty cool. Pity about the weather on Wednesday though. Sleeping was the hardest part of the trip. My favourite moment was the night walk.

Declan Pisani - The best thing about the trip was the kayaking and how we could see along the coastline and see all the rocks. We also saw lots of seals, but the walking was pretty hard, especially on the last day. I liked the whole trip and the people that I went with.



Year 10 Outdoor Education Adventure Trip Photos



Presentation Night Awards

Special Spots Awards:

Primary Sportsperson Award:

- Open to male and female students in years 5-7
- Consistent or high achievement in a range of school sports (community sport not taken into consideration).
- Positive ambassador for MDS at all times.
- Students, parents and staff are able to nominate students for this award.
- The winner will be selected by the HPE Committee based on the evidence presented to them via nominations.

Award: The winning student will receive an award donated by the Minlaton Cricket Club.

Secondary Sportsperson Award:

- Open to male and female students in years 8-11
- Consistent or high achievement in a range of school sports (community sport not taken into consideration).
- Positive ambassador for MDS at all times.
- Students, parents and staff are able to nominate students for this award.
- The winner will be selected by the HPE Committee based on the evidence presented to them via nominations.

Award: The winning student will receive an award donated by the Minlaton Cricket Club.

Year 12 Sportsperson Award:

Essential Criteria

- Must be in Year 12.
- Been involved in sport in every year of enrolment (preferably at least in years 10-12).
- Been involved in a range of strictly school sports (community sport not taken into consideration).
- Been a consistent or excellent performer at all times in sports undertaken.

Preferred Criteria

- Displayed leadership or held leadership positions in sports undertaken and been a role model to fellow students.
- Been an ambassador for Minlaton District School.
- Shown willingness to assist teachers and parents in the set-up, organisation or any other aspects of sports teams/events.
- Displayed all attributes of goods "Sports-person-ship".
- Upheld school and other codes of conduct at all times.
- Students, parents and staff are able to nominate students for this award.
- The winner will be selected by the HPE Committee based on the evidence presented to them via nominations.

Award: The winning student shall receive an award donated by the Minlaton Service Group.

We are calling all parents, caregivers and community members to vote for these awards.
Nominations close Friday 5th November 2021

Please forward your nominee/s to Craig Fitzgerald via email
craig.fitzgerald@schools239@schools.sa.edu.au

Sport News

SAPSASA Girls Football State Carnival

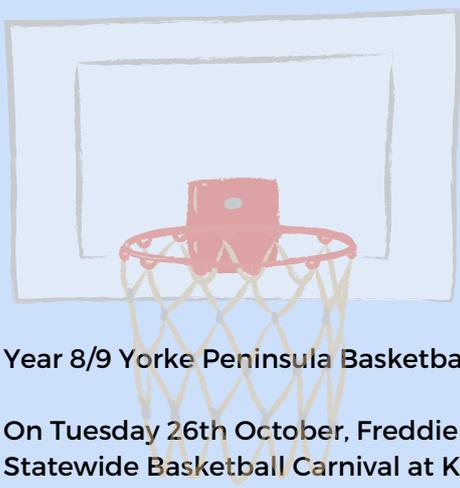
Last week, Keely Wildash represented SYP in the inaugural State SAPSASA Girls Football Carnival. After many selection trials to settle on a final team for the carnival, Keely's football experience and her exquisite skills were vital to her team's success in Division 4.

The first day started with two wins and a narrow loss to Para Districts by seven points. However, for the remaining two days of competition, the team excelled winning all of their remaining games. There were some stupendous one-sided wins as well as a crucial win over Northern by four points. Along with Para Districts and Northern, the team completed the week with eight wins and one loss, resulting in an equal first placing.

Congratulations to coach Joe Murdock and Keely and her team on a sublime week!

Josh Coombe

MDS SAPSASA co-ordinator



Year 8/9 Yorke Peninsula Basketball

On Tuesday 26th October, Freddie Wilson, Christian Reade and Eleanor Brown participated in the Year 8/9 Statewide Basketball Carnival at Kadina. Teams competing were Kadina Memorial School, Central Yorke School, Maitland Lutheran School and Yorke Peninsula Zone. The Yorke Peninsula Zone team consisted of students from Moonta Area School, Minlaton District School, Harvest Christian College and Yorketown Area School.

Results for the day were:

Boys

Yorke Peninsula lost to Kadina 26-39

Yorke Peninsula defeated Central Yorke 44-14

Yorke Peninsula lost to Maitland Lutheran 18-19

Girls

Yorke Peninsula lost to Kadina 21-26

Yorke Peninsula defeated Central Yorke 57-14

Yorke Peninsula defeated Maitland Lutheran 41-15



The boys team finished in 3rd position overall, with the girls side in 2nd position. Kadina won both events and progress to the next stage of the competition. Well done to all MDS students involved in the day and thanks to the parents for transporting and supporting our students.

Sport News

ANZ Tennis Hot Shots Racquet Roadshow

On Friday 15th October, the ANZ Tennis Hot Shots Racquet Roadshow arrived at MDS. Reception students at MDS received a new tennis racquet and a tennis ball. 2021 is the fifth consecutive year of the ANZ Tennis Hot Shots Racquet Roadshow and over 30,000 racquets will be provided to students around Australia this year. Thanks to ANZ and Tennis Australia for this fantastic initiative. Have fun with your new tennis racquets.



Canteen Notice

The canteen will be closed on **November 17th** as Terri is away on leave.

Sorry for any inconvenience caused and thank you for understanding!



NOTE: The School will be holding a Subway Day on this date.

See Page 5 for information on how to order.



Book Club

The **Gift Function** enables you to tag **Book Club** orders on **LOOP** that are intended as a surprise gift. This feature can be used throughout the year, providing your **Book Club Organiser** has enabled the gift function for your school. **LOOP** orders tagged as a gift will be delivered to school and marked accordingly, for the **Book Club Organiser** to set aside at the school office for you to collect.

How to use the **Gift Function** on **Book Club LOOP**
scholastic.com.au/LOOP

Follow these **easy** steps!

1 LOG-IN

2 Select the **ORDER** tab

3 Select your **ISSUE**

4 Check the box **GIFT ORDER**

NOTE: ALL ITEMS ON THIS ORDER WILL BE MARKED AS A GIFT.



5 Enter the book number shown on the Catalogue

6 Select **NEXT** to finalise your order

PLEASE NOTE, THE ITEMS DO NOT COME GIFT WRAPPED.

For books that can be delivered directly to your child, please submit a separate order.

SCHOLASTIC



Book Club

Give the Gift of Reading!



SCHOLASTIC



SCHOOL FUN RUN

The 3 dates to remember are:

Event Date - **Thursday December 9th**, last Thursday of Term 4.

Money Due Back and online prize ordering unlocks - **Monday November 8th**

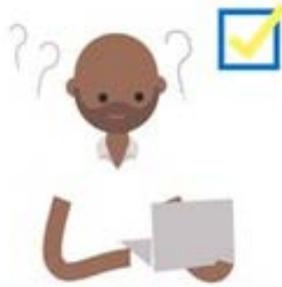
Online prize ordering closes - **Monday November 15th**

This year we will be raising funds to Refurbish the Canteen, this will mean Terri will be able to have food out faster, keep your orders hot and possibly the menu might grow larger. So let's have some fun and raise as much funds as we can!

Checklist for DISTURBING CONTENT

Work out whether the content is right for your child.

It might be around their age or just their personality, but trust your gut and put boundaries in place.



Read up on the issues it explores.

If you show that you are comfortable and knowledgeable with the issues it explores your kids are more likely to open up to you during a tough time.



Stay up to date with pop culture.

You may not care about the Bieber's or Beyonce's of this world but following sites like Pedestrian.tv and news.com.au will help you stay ahead of the game.



Make sure they know that not everything they see is how it appears.

Have a frank conversation about not taking everything on the internet at face value.



Tell them that they don't have to watch something if they don't want to.

Brainstorm ways they can say no to their peers and feel confident making their own decisions.



Encourage them to practice self-care.

If they are going to watch something make sure they've got an arsenal of things to pick them back up afterwards.



Offer to watch it with them. That way you can talk through anything tough as it comes up. This can be useful even if they've already seen the content.



Let them know where to go for help.

Ask them who they would feel comfortable talking to and connect them with services like [ReachOut](http://ReachOut.com) or Kids Helpline.





Australian Childhood Anxiety TREATMENT STUDY

Free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of home-based treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.

Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:

 (07) 3735 3351

 cadrp@griffith.edu.au

 griffith.edu.au/childhood-anxiety-treatment-study



Australian Government
National Health and
Medical Research Council



GU Ref No: 2019/146